

# FOOD ALLERGY



## Symptoms

Symptoms of an allergic reaction may involve the **skin**, the **gastrointestinal tract**, the **cardiovascular system** and the **respiratory tract**.

They can manifest in one or more of the following ways:



### CUTANEOUS

hives or wheals, angioedema, localized rash



### RESPIRATORY

shortness of breath, wheezing, repetitive cough, throat tightness



### GASTROINTESTINAL

vomiting, abdominal cramps, diarrhea



### CARDIOVASCULAR

weak pulse, drop in blood pressure

INFOGRAPHIC MADE IN CELEBRATION of WORLD ALLERGY WEEK

by PSAAI FOOD ALLERGY COUNCIL

SOURCE:  
<https://acaai.org/allergies/allergic-conditions/food/>



WORLD ALLERGY WEEK  
23–29 June 2024

Food allergy can present as **ANAPHYLAXIS**, a severe systemic allergic condition. Headache, dizziness & rarely, seizures or fainting may also occur. Immediate management in the nearest hospital is required for this condition.