FOOD ALLERGY

Symptoms of an allergic reaction may involve the skin, the gastrointestinal tract, the cardiovascular system and the respiratory tract.

They can manifest in one or more of the following ways:

INFOGRAPHIC MADE IN CELEBRATION of **WORLD ALLERGY WEEK**

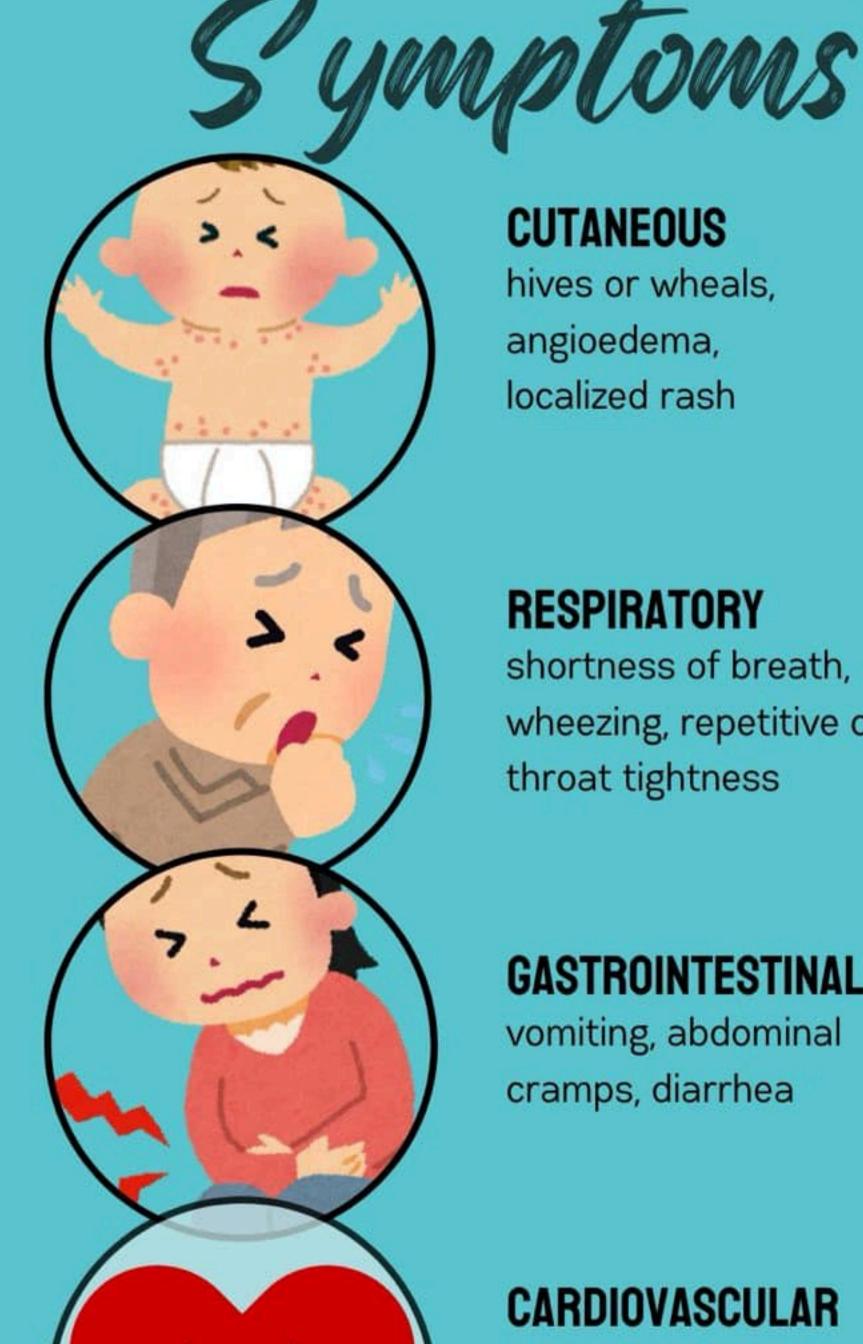
by PSAAI FOOD ALLERGY COUNCIL

SOURCE:

https://acaai.org/allergies/ allergic-conditions/food/



WORLD ALLERGY WEEK 23-29 June 2024



CUTANEOUS

hives or wheals, angioedema, localized rash

RESPIRATORY

shortness of breath, wheezing, repetitive cough, throat tightness

GASTROINTESTINAL

vomiting, abdominal cramps, diarrhea

CARDIOVASCULAR

weak pulse, drop in blood pressure

Food allergy can present as ANAPHYLAXIS, a severe systemic allergic condition. Headache, dizziness & rarely, seizures or fainting may also occur. Immediate management in the nearest hospital is required for this condition.