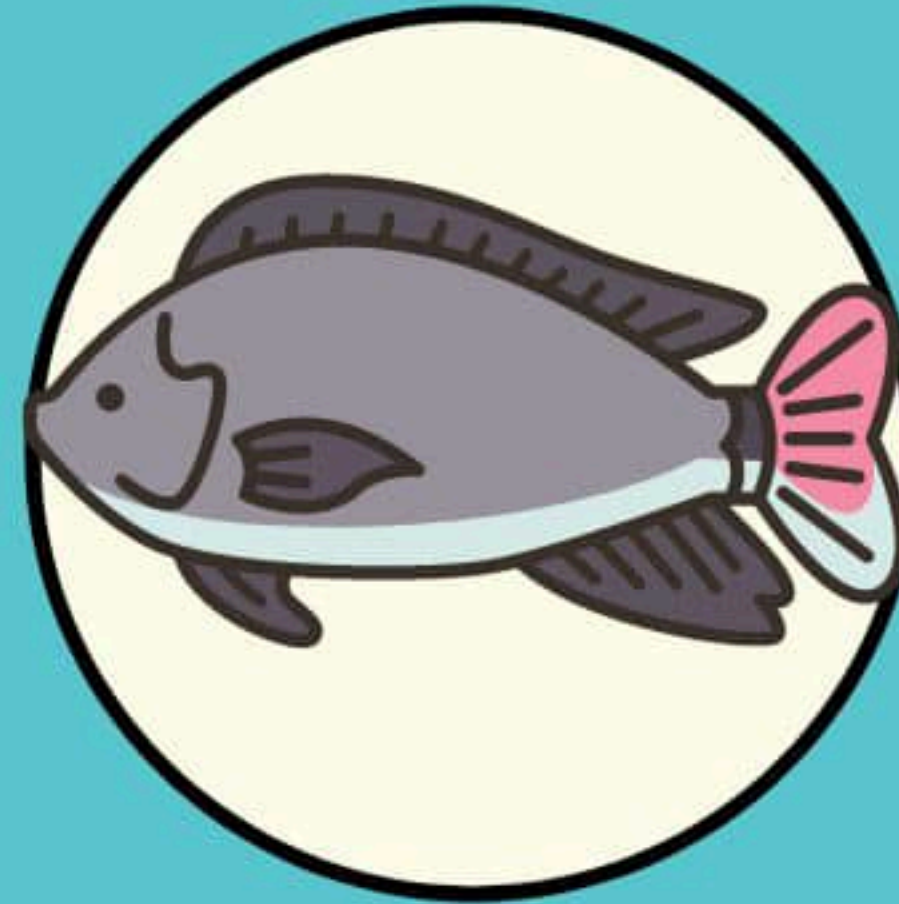


# MAJOR FOOD ALLERGENS

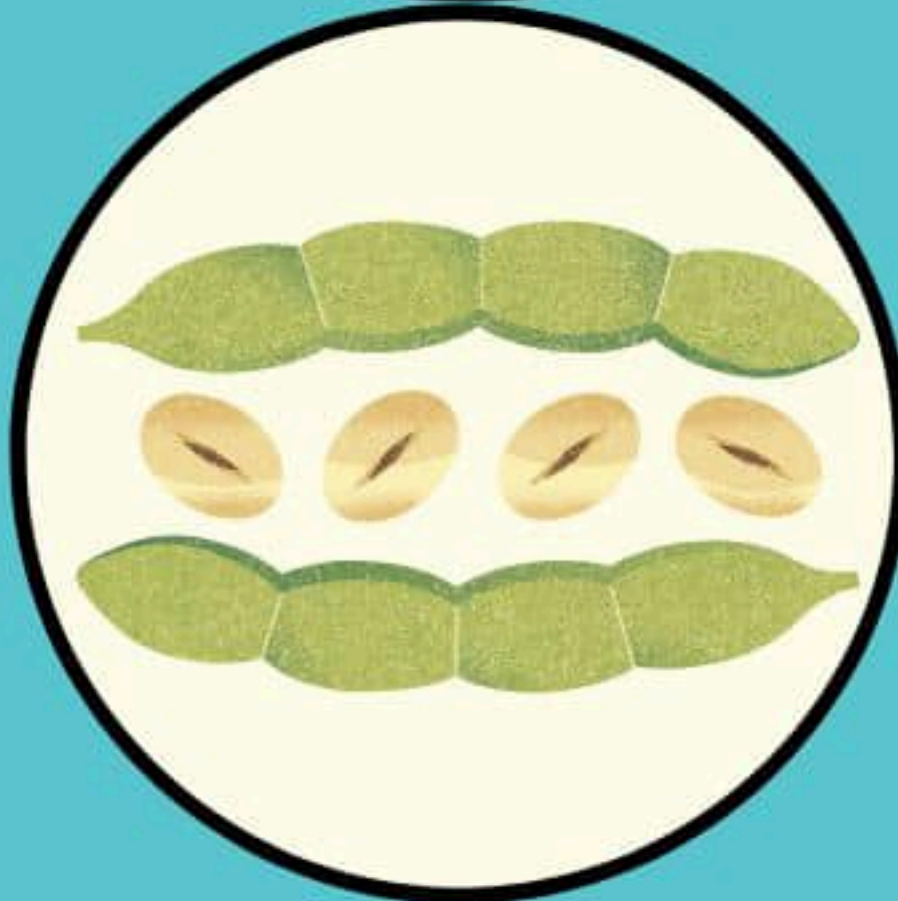


## MILK

(casein, whey, curd, cream, yogurt)



## FISH



## SOYBEANS

(soya, soy sauce, tofu, bean curd)



## SHELLFISH

(shrimp, crab, lobster)



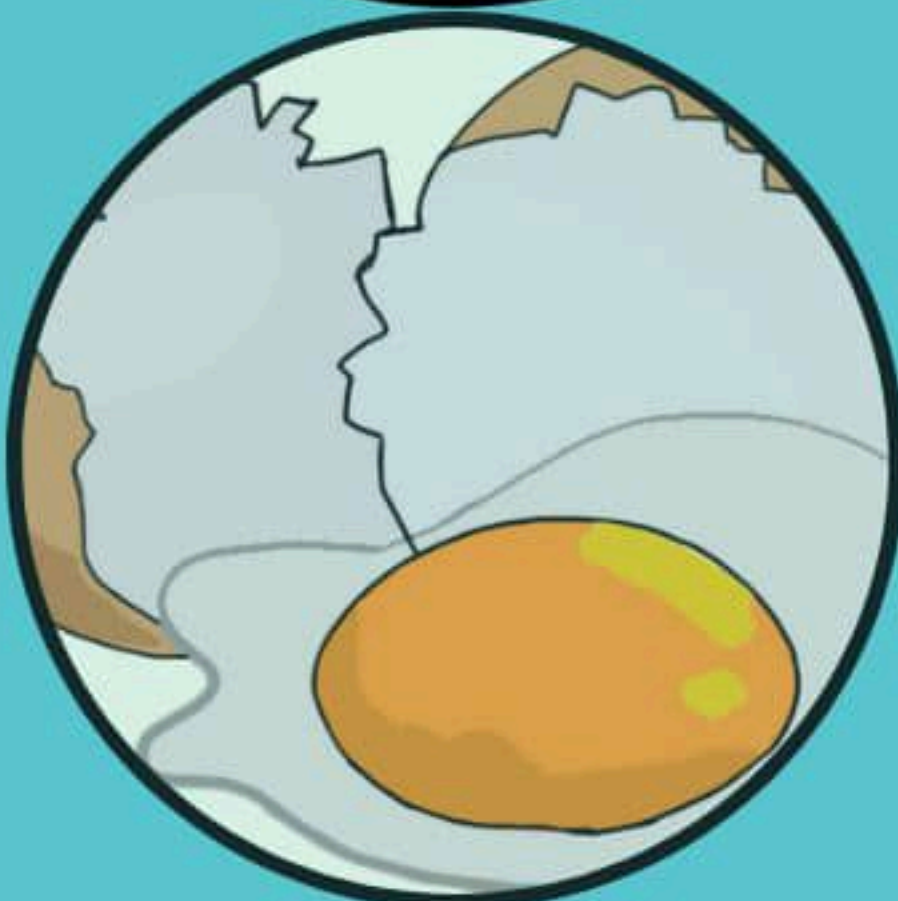
## WHEAT

(flour, bread, noodles, pasta)



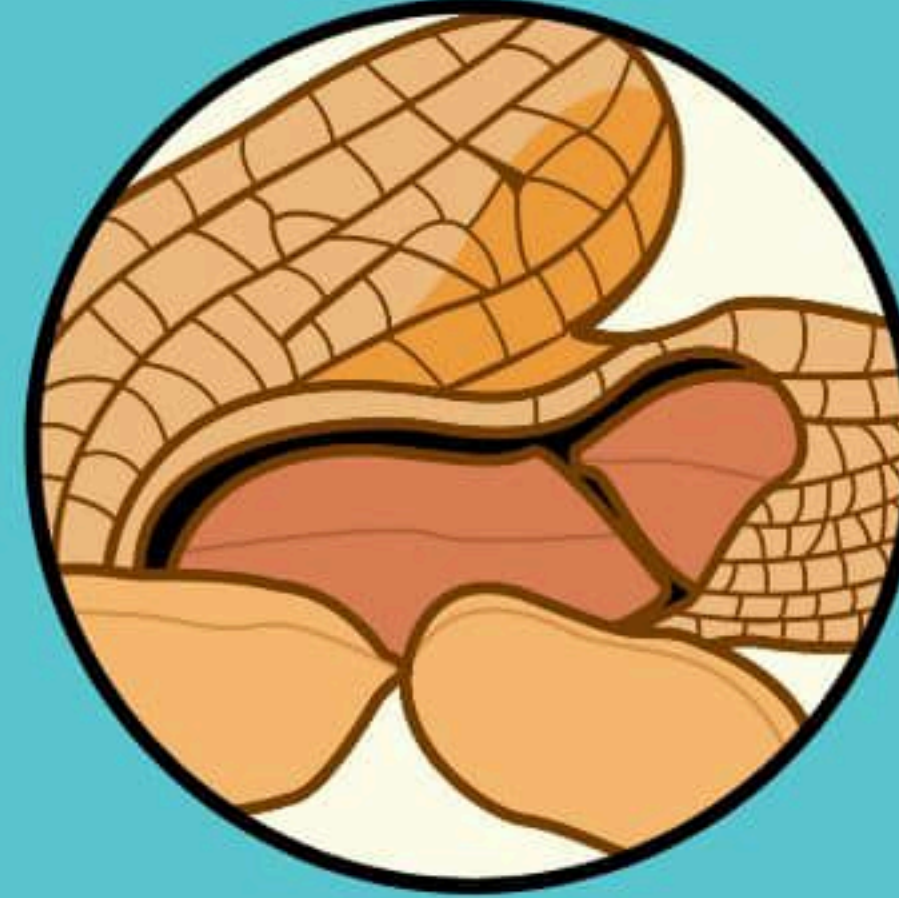
## TREE NUTS

(almond, cashew, hazelnut, pecan, pistachio, walnut, macadamia)



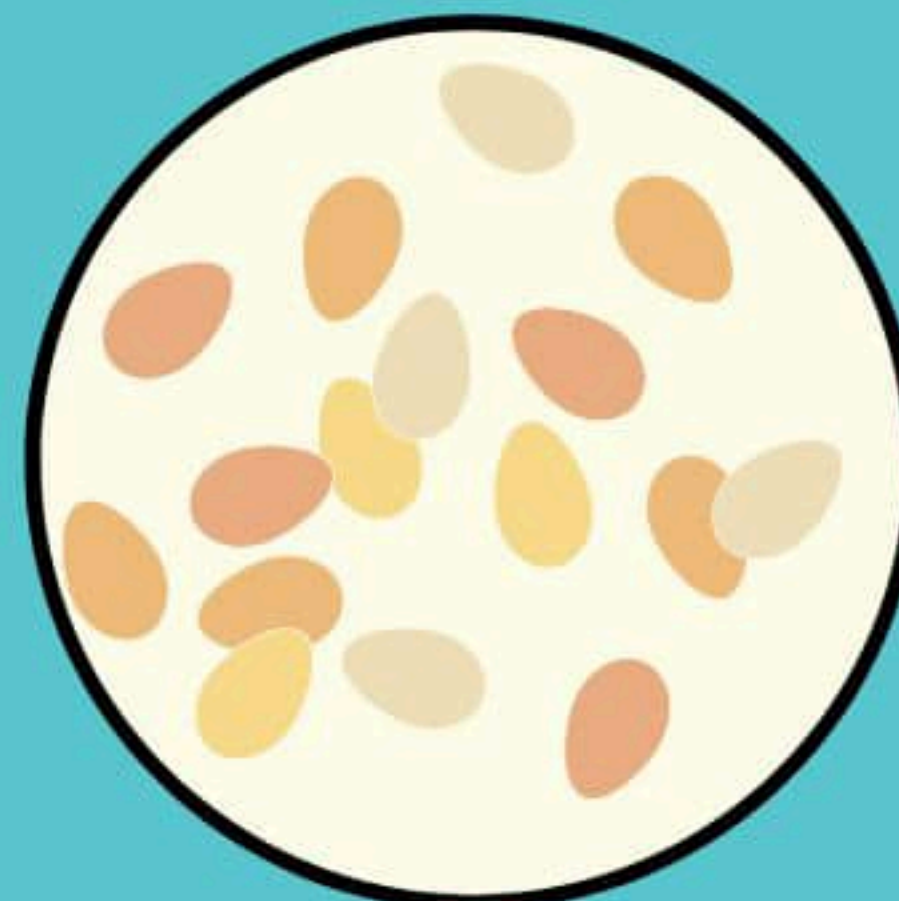
## EGG

(ovalbumin, ovomucoid, globulin, mayonnaise, albumin, noodles, cake, cookies, pastries)



## PEANUT

(peanut butter)



## SESAME

INFOGRAPHIC MADE IN  
CELEBRATION of  
WORLD ALLERGY WEEK

by PSAAI FOOD ALLERGY  
COUNCIL

SOURCE:  
[https://acaai.org/allergies/  
allergic-conditions/food/](https://acaai.org/allergies/allergic-conditions/food/)  
Food Allergy Canada



WORLD ALLERGY WEEK  
23–29 June 2024